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**MCFTE-001**

**MASTER OF SCIENCE IN  
COUNSELLING AND FAMILY  
THERAPY (MSCCFT)**

**Term-End Examination**

**December, 2023**

**MCFTE-001 : MARITAL AND FAMILY THERAPY  
AND COUNSELLING**

*Time : 2 Hours*

*Maximum Marks : 50*

*Note : Question No. 1 is compulsory and should be answered in about **600** words. Answer **three** questions in all. Question Nos. 2 to 5 are to be answered in about **450** words each.*

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1. Answer any *one* of the following questions in about **600** words : 20

Describe the process of restructuring interactions between partners in EFT.

*Or*

What are the factors that might damage neutrality of the counsellor/family therapist ?  
Give examples to support your answer.

**P. T. O.**

2. What is a self-report scale ? Discuss characteristics and utility of self-report scales. 15
3. What are the situations in family and marital counselling/therapy when individual or concurrent sessions may be held ? Discuss with suitable examples. 15
4. Explain how marital enrichment is considered as a preventive programme. What are the indications and contraindications for marital enrichment ? 15
5. Outline the management of premature ejaculation with the help of an example. 15